



Hindu Women's Conference

Saturday, February 29th 2020

9:00 AM- 4:00 PM



Conference Agenda

8.30 AM to 9.00 Tea and Check In	12.45 PM to 1.00 PM Yog Nidra
9.00 AM to 9.15 AM Welcome, Lamp Lighting, Prayer	1.00 PM to 2.00 PM Financial Planning Krishan Goel
9.15 AM to 10.15AM What it means to be a Hindu? Smt Geetha Raghu Grandighe	2.00 PM to 2.30PM Group Discussion -Setting Life goals
10.15 AM to 11.15 AM Let's talk hormones. Dr Ketan Goswami Dr Aarti Goswami	2.30 PM to 3.30 PM Behavioral Health of Children and Adolescents Dr Meena Lamba
11.15 AM to 11.45 AM How do we discuss religion?	3.30 PM to 3.45 PM Sewa Family Services Dr Deepa Luthra
11.45 AM to 12.00 AM VHPA Activities/ Bhojan Mantra	3.45 PM to 4 PM Upcoming Events in Community Vote of Thanks and Tea
12.00 PM to 12.45 PM Lunch	